



**ADVANCED KNEE CARE  
P.C.**

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## **CryoTherapy Post Op Brace for Total and Partial Knee Surgery Patients**

Brace/Ice: Benefits include pain control, less post op swelling and less bleeding.

Apply Compression Brace day and night for first week - it will be placed in Surgery to decrease knee bleeding/swelling.

For comfort, the 2 hinges can be completely detached by the patient anytime after the morning after surgery -- Remove wrap from your knee and pull with enough force to dislodge the Hinges/velcro pads from the knee sleeve.

It is recommended to use the brace for ambulation until you discontinue the walker or at maximum of 10 days. Remove the Gel Ice from the brace for walking.

Compression Brace should be used when sitting or resting or sleeping for first week.

Use the Compression Wrap portion of the brace from day 7 until day 21 when walking/standing - not at rest or while sleeping.

Use Compression Wrap WITH the Gel Ice to ice the knee 45-60 minutes 4 times daily for up to 3 weeks

CPT code for Cryo/Brace is L1832. Billed charge is \$699.

Purchase cost is \$300 if denied by insurance carrier (rental NOT available)  
Compression Wrap not reusable for "second" surgery - Germs!

*This original content was written by Dr. Tarlow on 5/20/2016.*